



1  
00:00:03,510 --> 00:00:01,910  
uh you can see there's a lot of metal

2  
00:00:06,150 --> 00:00:03,520  
frames we have to put those back

3  
00:00:07,909 --> 00:00:06,160  
together some assembly required

4  
00:00:11,190 --> 00:00:07,919  
on the hatch you can see these hatch

5  
00:00:13,190 --> 00:00:11,200  
clamps the yellow ones they uh they help

6  
00:00:21,109 --> 00:00:13,200  
keep the progress attached to the

7  
00:00:28,630 --> 00:00:23,189  
and we're going to take a look

8  
00:00:32,870 --> 00:00:30,950  
and this is the hatch that i opened up

9  
00:00:35,670 --> 00:00:32,880  
and went outside for a spacewalk and

10  
00:00:37,990 --> 00:00:35,680  
we're looking aft on the space station

11  
00:00:39,670 --> 00:00:38,000  
there's a ladder

12  
00:00:41,270 --> 00:00:39,680  
some solar panels we're looking at the

13  
00:00:45,029 --> 00:00:41,280

service module

14

00:00:46,869 --> 00:00:45,039

zarya excuse me uh zest up

15

00:00:48,310 --> 00:00:46,879

and looking at our also our beautiful

16

00:00:51,189 --> 00:00:48,320

planet earth let's see if we get a nice

17

00:00:53,270 --> 00:00:51,199

little view in here of earth

18

00:00:55,750 --> 00:00:53,280

a little small treat

19

00:01:00,310 --> 00:00:55,760

his nose tour the space station would be

20

00:01:06,630 --> 00:01:03,270

yep we're still over ocean right now

21

00:01:08,550 --> 00:01:06,640

and uh i imagine we'll be

22

00:01:14,789 --> 00:01:08,560

getting over land fairly soon if i can

23

00:01:21,350 --> 00:01:17,109

so that's the control panel for

24

00:01:30,789 --> 00:01:23,910

a couple hatches here

25

00:01:34,390 --> 00:01:31,990

and

26

00:01:37,109 --> 00:01:34,400

last but not least

27

00:01:39,749 --> 00:01:37,119

in the service module zesta which means

28

00:01:42,069 --> 00:01:39,759

star it's the heart of the space station

29

00:01:42,870 --> 00:01:42,079

it's uh where we used to have uh the

30

00:01:48,149 --> 00:01:42,880

only

31

00:01:50,469 --> 00:01:48,159

and and live with the carbon dioxide

32

00:01:54,389 --> 00:01:50,479

removal system

33

00:01:57,109 --> 00:01:54,399

as well as a place to eat and sleep

34

00:01:58,789 --> 00:01:57,119

there's my crew mate jerry lanchakov

35

00:02:02,709 --> 00:01:58,799

exercising on the treadmill with

36

00:02:05,510 --> 00:02:02,719

vibration isolation system the tvis

37

00:02:06,550 --> 00:02:05,520

yours cause you pretty good

38

00:02:26,390 --> 00:02:06,560

hi

39

00:02:26,400 --> 00:02:29,750

and also you could uh

40

00:02:32,630 --> 00:02:30,710

see the

41

00:02:34,550 --> 00:02:32,640

uh the sun wasn't glaring so much you

42

00:02:36,710 --> 00:02:34,560

could actually see the starburst side of

43

00:02:39,030 --> 00:02:36,720

the space station and you can only see

44

00:02:50,390 --> 00:02:39,040

that there's one set of huge american

45

00:02:58,630 --> 00:02:52,790

so carefully backing out not to bump

46

00:03:01,589 --> 00:03:00,390

see the very aft end of the space

47

00:03:03,509 --> 00:03:01,599

station

48

00:03:04,550 --> 00:03:03,519

again there's a lot of things in there

49

00:03:05,830 --> 00:03:04,560

because

50

00:03:08,710 --> 00:03:05,840

we're getting ready to load up the

51

00:03:16,309 --> 00:03:09,990

here's our

52

00:03:20,070 --> 00:03:18,470

turn it on the lights it looks the same

53

00:03:23,670 --> 00:03:20,080

as the other one

54

00:03:31,350 --> 00:03:25,910

and the same

55

00:03:34,309 --> 00:03:33,110

we have uh different kinds of toilet

56

00:03:37,110 --> 00:03:34,319

paper here

57

00:03:39,830 --> 00:03:37,120

wet wipes dry wipes

58

00:03:41,750 --> 00:03:39,840

control panel right there

59

00:03:43,030 --> 00:03:41,760

and that's our

60

00:03:45,190 --> 00:03:43,040

that's our those are our toilet

61

00:03:46,309 --> 00:03:45,200

facilities

62

00:03:48,070 --> 00:03:46,319

i'm going to show you our eating

63

00:03:51,350 --> 00:03:48,080

facilities pretty quickly

64

00:03:56,149 --> 00:03:51,360

and that will wrap up the tour

65

00:04:00,070 --> 00:03:58,470

a very good example a cluttered example

66

00:04:02,390 --> 00:04:00,080

at the moment but a very good example of

67

00:04:06,470 --> 00:04:02,400

what human beings can do when we work

68

00:04:06,480 --> 00:04:09,110

so

69

00:04:14,309 --> 00:04:10,789

this is our eating area there's our

70

00:04:18,069 --> 00:04:16,069

and we're just getting ready for lunch

71

00:04:19,749 --> 00:04:18,079

there's our water dispenser right there

72

00:04:21,749 --> 00:04:19,759

russian style

73

00:04:24,720 --> 00:04:21,759

and

74

00:04:26,950 --> 00:04:24,730

dispenser

75

00:04:28,790 --> 00:04:26,960

[Music]

76

00:04:30,469 --> 00:04:28,800

there's yuri's room off to the side you

77

00:04:32,310 --> 00:04:30,479

can see he has a sleeping bag right

78

00:04:34,790 --> 00:04:32,320

there hanging on the wall

79

00:04:37,030 --> 00:04:34,800

and a computer right here so he can

80

00:04:38,390 --> 00:04:37,040

call on the telephone write email and

81

00:04:40,070 --> 00:04:38,400

read books

82

00:04:43,430 --> 00:04:40,080

so and relax in the evenings a little

83

00:04:44,469 --> 00:04:43,440

bit because we have long days up here

84

00:04:47,990 --> 00:04:44,479

so

85

00:04:52,230 --> 00:04:50,150

wanna as we say goodbye i do want to

86

00:04:54,550 --> 00:04:52,240

show a few more things real quick

87

00:04:56,790 --> 00:04:54,560

take a look out the windows and we can

88

00:04:57,990 --> 00:04:56,800

actually see the outside of the

89

00:04:58,950 --> 00:04:58,000

progress

90

00:05:01,110 --> 00:04:58,960

uh

91

00:05:03,029 --> 00:05:01,120

cargo ship that we were just inside a

92

00:05:05,670 --> 00:05:03,039

few minutes ago

93

00:05:07,670 --> 00:05:05,680

and let's see what else can we see

94

00:05:09,189 --> 00:05:07,680

oops we can see land

95

00:05:11,670 --> 00:05:09,199

it's a little bit hazy there i believe

96

00:05:15,430 --> 00:05:11,680

that's uh

97

00:05:18,629 --> 00:05:15,440

the edge of in india and

98

00:05:20,390 --> 00:05:18,639

burma or myanmar let's see if i can zoom

99

00:05:21,990 --> 00:05:20,400

in for you

100

00:05:24,150 --> 00:05:22,000

it's a little bit hazy there especially

101  
00:05:26,230 --> 00:05:24,160  
this time of year but you can see that

102  
00:05:29,110 --> 00:05:26,240  
we know there's clouds out there

103  
00:05:31,510 --> 00:05:29,120  
we're looking through the window here

104  
00:05:32,950 --> 00:05:31,520  
and we're just the edge of there we go

105  
00:05:36,070 --> 00:05:32,960  
to see the edge

106  
00:05:43,749 --> 00:05:36,080  
of the land at the coastline of

107  
00:05:47,590 --> 00:05:45,590  
so we have all kinds of windows all

108  
00:05:49,590 --> 00:05:47,600  
kinds of interesting things to see and

109  
00:05:52,150 --> 00:05:49,600  
do

110  
00:05:54,230 --> 00:05:52,160  
you can see our map

111  
00:06:05,350 --> 00:05:54,240  
world it's not world map that's sigma

112  
00:06:08,469 --> 00:06:07,060  
okay ladies and gentlemen

113  
00:06:10,469 --> 00:06:08,479

[Music]

114

00:06:12,550 --> 00:06:10,479

so again excuse our mess we're in the

115

00:06:14,870 --> 00:06:12,560

middle of getting the space station

116

00:06:18,230 --> 00:06:14,880

ready for six people to come aboard

117

00:06:20,230 --> 00:06:18,240

and uh it's a lot of building a lot of

118

00:06:22,550 --> 00:06:20,240

a lot of things that are in transition

119

00:06:24,550 --> 00:06:22,560

as you as you know also this is a

120

00:06:26,870 --> 00:06:24,560

surprise visit that you guys are playing

121

00:06:28,950 --> 00:06:26,880

on us today so things aren't cleaned up

122

00:06:31,189 --> 00:06:28,960

but they're real this is exactly how we

123

00:06:33,350 --> 00:06:31,199

we work and live in space

124

00:06:34,629 --> 00:06:33,360

and i hope you enjoyed the tour and if

125

00:06:36,150 --> 00:06:34,639

there are any questions

126

00:06:38,309 --> 00:06:36,160

we'll send them through capcom and we'll